

Athletics Norfolk County Championships Day 1 – Norwich 01/08/2021

T29	13:20	100m U17B F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	<i>Guest</i>	<i>Jaiden Dean</i>	CoNAC	U17	Male	11.1
	2	1	Ethan Ellis	CoNAC	U17	Male	11.3
	3	2	Calvin Smith	CoNAC	U17	Male	11.5
	4	3	Conrad Winter	CoNAC	U17	Male	11.6
	5	4	Ryan Wood	CoNAC	U17	Male	12.5
T30	13:25	100m SM F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Thomas Cooney	VPH	SEN	Male	11.6
	2	2	Liam O'Dell	CoNAC	SEN	Male	13.0
	3	1	Ben Read T20/F20	CoNAC	SEN	Male	13.4
	4	2	Cameron Ross T20/F20	WNAC	SEN	Male	13.8
T31	13:30	100m MM F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Noah Avowlanu	CoNAC	M40	Male	13.1
	2	1	Charles Williams	CoNAC	M55	Male	13.5
	3	1	Christopher Palmer	RNTS	M65	Male	16.5
	4	2	Stephen Harvey	BBH	M65	Male	16.9
	5	1	Mark Thorpe	Norfolk Gaz	M55	Male	17.9
T32	13:35	100m U13G F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Maizie Boylan	GYDAC	U13	Female	13.3
	2	2	Mia Squires	GYDAC	U13	Female	13.5
	3	3	Amy Fielding	GYDAC	U13	Female	14
	4	4	Ellie Warman	CoNAC	U13	Female	14.2
	5	5	Isla Hibbett	CoNAC	U13	Female	14.9
	6	6	Erin Stocking	WVAC	U13	Female	15
	7	7	Charley Wheatley	Ryston	U13	Female	15.1
	8	8	Mia Hollingsworth	Ryston	U13	Female	15.2
T33	13:40	100m U15G F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Lily Bradley	CoNAC	U15	Female	12.5
	2	2	Isabelle Mardle	CoNAC	U15	Female	12.6
	3	3	Isabelle Rushmere	GYDAC	U15	Female	12.8
	4	4	Chloe Thorne	CoNAC	U15	Female	12.9
	5	5	Maisie Patrick	CoNAC	U15	Female	13.1
	6	6	Aisha Elouassi	CoNAC	U15	Female	13.3
	7	7	Emma Broad	WNAC	U15	Female	13.5
	8	8	Freya Knight	Ryston	U15	Female	13.6

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T34	13:45	100m U17G F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Evie Patrick	CoNAC	U17	Female	12.1
	2	2	Ann Kalu	CoNAC	U17	Female	12.4
	3	3	Ruby Love	CoNAC	U17	Female	13.6
T35	13:50	100m U20M/W F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Jack Hamment-Russell	CoNAC	U20	Male	11.7
	2	2	Daniel Williams	CoNAC	U20	Male	12.1
	3	1	Serena Grace	CoNAC	U20	Female	12.6
	4	2	Mica Carus	CoNAC	U20	Female	13.4
	5	3	Ellis Stewart	GYDAC	U20	Female	13.8
T36	13:55	100m SW F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Lauren Bullard	GYDAC	SEN	Female	13.3
	2	2	Lucy Edwards	WNAC	SEN	Female	14.4
T37	14:00	100m MW F					
	Position	Category position	Name	Club	Category	Gender	Time
	1	1	Claire Fielding	GYDAC	M45	Female	14.8
	2	2	Janice Nottingham	Diss AC	M55	Female	15.9
	3	3	Gill Hart	Ryston	M65	Female	20.7

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F4	11:30	Long jump 2							
		Position	Category position	Name	Club	Category	Gender	Distance	Wind
		1	1	Mia Squires	GYDAC	U13	Female	4.83	1.8
		2	2	Maizie boylan	GYDAC	U13	Female	4.59	1.6
		3	3	Amy Fielding	GYDAC	U13	Female	4.33	0.5
		4	4	Tia Gray	GYDAC	U13	Female	4.14	0.6
		5	5	Lily Goddard	CoNAC	U13	Female	3.76	2.6
		6	6	Isla Hibbett	CoNAC	U13	Female	3.54	1.4
		7	7	Mia Lesniak	WNAC	U13	Female	3.49	0.3
F5	11:30	Javelin 2							
			Category position	Name	Club	Category	Gender	Distance	
			1	Erin Stocking	WVAC	U13	Female	16.83	
			2	Charley Wheatley	Ryston	U13	Female	15.14	
			3	Eva Eccles	BVH	U13	Female	6.87	
			1	Archie Hannent	U/A	U13	Male	38.16	
			2	Charlie Broad	WNAC	U13	Male	25.97	
			3	Izaak Hisgrove	CoNAC	U13	Male	20.30	
			4	Cruz Harewood	WVAC	U13	Male	20.23	
			1	Hollie Willeard	GYDAC	U17	Female	31.95	
			2	Hannah Pain	CoNAC	U17	Female	30.63	
			3	Rose Fairhurst	CoNAC	U17	Female	13.79	
			1	Maddy Powles-Warren	CoNAC	U15	Female	33.14	
			2	Isabelle Mardle	CoNAC	U15	Female	30.89	
			3	Lilymae Coote	GYDAC	U15	Female	25.62	
			4	Caitlin Bell	CoNAC	U15	Female	22.80	
			5	Alicia Mae Howard	Thetford	U15	Female	22.45	
			6	Charlotte Gilding	CoNAC	U15	Female	16.46	
			7	Isabelle Last	BBH	U15	Female	14.05	
F6	13:00	Long jump 3							
		Position	Category position	Name	Club	Category	Gender	Distance	Wind
		1	1	George Smith	GYDAC	U15	Male	5.22	0
		2	2	Billy Francis	CoNAC	U15	Male	5.00	1.8
		3	3	Daniel Coles	U/A	U15	Male	4.63	1.6
		4	1	Charlie Broad	WNAC	U13	Male	4.39	1.5
		5	4	Thomas Anderson	Ryston.	U15	Male	4.37	1.4
		6	5	William Lupton	CoNAC	U15	Male	4.33	1.3
		7	2	Leon Harris	CoNAC	U13	Male	4.06	1.4
		8	3	James Lupton	CoNAC	U13	Male	4.05	0.9
		9	4	Seb Taylor	Ryston	U13	Male	4.02	0.8
		10	6	Billy Eccles	BVH	U15	Male	3.82	0
		11	5	Kai Peggs	WNAC	U13	Male	3.78	0.3
		12	6	Matthew Williams	CoNAC	U13	Male	3.33	0

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F10	14:30	Long jump 4							
		Position	Category position	Name	Club	Category	Gender	Distance	Wind
		1	1	Isabelle Mardle	CoNAC	U15	Female	5.41	1.8
		2	1	Louisa Johnstone	GYDAC	U20	Female	5.09	1.1
		3	2	Eleanor Brown	CoNAC	U20	Female	4.98	0
		4	3	Asha Soanes	Thetford	U20	Female	4.89	1.2
		5	2	Caitlin Bell	CoNAC	U15	Female	4.72	1
		6	3	Chloe Thorne	CoNAC	U15	Female	4.67	1.9
		7	4	Beth Greenwood	GYDAC	U20	Female	4.64	0
		8	5	Ellis Stewart	GYDAC	U20	Female	4.61	1.3
		9	1	Rose Fairhurst	CoNAC	U17	Female	4.44	0.6
		10	2	Hollie Willeard	GYDAC	U17	Female	4.26	0.9
		11	4	Emma Broad	WNAC	U15	Female	4.25	2.9
		12	5	Charlotte Gilding	CoNAC	U15	Female	4.11	2
		13	6	Freya Knight	Ryston	U15	Female	4.04	0.8
		14	7	Isabelle Last	BBH	U15	Female	3.79	2.1
		15	1	Lily Edwards T20/F20	WNAC	U20	Female	2.35	2.4
F11	14:45	Shot 3							
		Position	Category position	Name	Club	Category	Gender	Distance	
			1	Maximilian Brookes	Diss AC	U15	Male	12.21	
			2	Edgar Alston	GYDAC	U15	Male	11.74	
			3	Tyler Read	Diss AC	U15	Male	10.14	
			4	Alfie Hannent	U/A	U15	Male	9.95	
			5	Alfie-Jay Hirling	WVAC	U15	Male	8.08	
			6	Daniel Coles	U/A	U15	Male	7.50	
			1	Miles Hovell	Ryston	U17	Male	10.08	
			1	Alfie Williams	WNAC	U20	Male	14.40	
			2	Charlie Williams	WNAC	U20	Male	11.47	
			1	Declan Manning	CoNAC	SEN	Male	11.39	
			1	Gavin Buffham	Ryston	M35	Male	9.96	
			1	Noah Avowlanu	CoNAC	M40	Male	8.29	
			1	Michael Protheroe	Dereham	M50	Male	8.46	
			1	John Painter	EMAC	M60	Male	11.22	

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F12	15:15	Discus 2							
			Category position	Name	Club	Category	Gender	Distance	
			1	Mia Lesniak	WNAC	U13	Female	19.03	
			1	James Lupton	CoNAC	U13	Male	13.54	
			1	Maddy Powles-Warren	CoNAC	U15	Female	24.26	
			2	Lilymae Coote	GYDAC	U15	Female	22.85	
			1	Poppy Walker	CoNAC	U17	Female	28.07	
			2	Luella Brookes	Diss AC	U17	Female	27.58	
			3	Poppy Hewitt	CoNAC	U17	Female	23.64	
			4	Hollie Willeard	GYDAC	U17	Female	13.79	