

## Thetford QuadKids Results – Sunday 17<sup>th</sup> May 2015

### Boys Individual Ranking Years 6, 7 & 8

Rank	Athlete name	Team name	Sprint time	Sprint points	Jump distance	Jump points	Run time	Run points	Throw distance	Throw points	Overall points
1	JOE SM	THETFORD AC	14.40	61	4.14	52	2.33	87	32.64	54	254
2	TAI EL	WAVENEY VALLEY AC	16.00	45	3.60	42	2.38	82	31.77	52	221
3	JOSHUA LA	GYDAC	15.40	51	3.80	46	2.58	62	26.10	43	202
3	THEO HU	WAVENEY VALLEY AC	15.60	49	3.57	41	2.53	67	27.15	45	202
5	LEVI LA	GYDAC	15.40	51	3.78	45	3.25	35	42.26	70	201
6	ZAK CO	CONAC	15.50	50	3.92	48	3.02	58	23.56	39	195
7	THOMAS SP	WAVENEY VALLEY AC	15.70	48	3.26	35	2.55	65	22.10	36	184
7	MICHAEL LA	CONAC	15.80	47	3.54	40	2.51	69	17.36	28	184
9	JOSH MC	THETFORD AC	15.30	52	2.85	27	3.04	56	20.94	34	169
9	CAMERON TR	THETFORD AC	16.50	40	3.79	45	3.33	27	34.71	57	169
11	JACOB BR	CONAC	16.10	44	3.68	43	3.23	37	19.26	32	156
12	SAMUEL DO	CONAC	17.20	33	3.00	30	3.18	42	21.96	36	141
13	REECE BA	BUNGAY BLACK DOG	17.80	27	2.96	29	3.35	25	27.35	45	126

## Girls Individual Ranking Years 6, 7 & 8

Rank	Athlete name	Team name	Sprint time	Sprint points	Jump distance	Jump points	Run time	Run points	Throw distance	Throw points	Overall points
1	ABENI BE	WAVENEY VALLEY AC	15.80	47	3.65	43	2.57	63	25.82	43	196
2	BROOKE OR	WAVENEY VALLEY AC	17.00	35	3.30	36	2.55	65	32.52	54	190
3	HOLLY HA	CONAC	15.20	53	3.58	41	2.54	66	17.90	29	189
4	ASHA SO		15.70	48	3.30	36	3.06	54	29.89	49	187
5	JESSICA NO	THETFORD AC	15.80	47	3.04	30	2.54	66	24.01	40	183
6	HOLLY GO	EAST HARLING AC	15.50	50	3.21	34	3.00	60	23.34	38	182
7	EMMA CO	HARLING AC	15.80	47	3.26	35	2.56	64	18.67	31	177
8	ALICE HI	CONAC	15.00	55	3.57	41	3.14	46	17.62	29	171
9	MARTHA BE	CONAC	16.30	42	3.32	36	3.08	52	22.14	36	166
10	MADDIE RO	THETFORD AC	16.30	42	2.50	20	2.54	66	22.17	36	164
11	GEORGINA DI	HARLING AC	16.20	43	3.62	42	3.10	50	14.90	24	159
12	CLARE CO	HARLING AC	17.60	29	2.91	28	3.03	57	23.81	39	153
13	ANNABELLE JO	CONAC	15.70	48	3.12	32	3.07	53	11.28	18	151
14	ABIGAIL MA	BUNGAY BLACK DOG	16.10	44	3.26	35	3.20	40	18.86	31	150
15	BETH GR	CONAC	16.60	39	2.87	27	3.09	51	18.74	31	148
16	OLIVIA PO	CONAC	15.40	51	3.30	36	3.18	42	8.91	14	143
17	ELISE CO	CONAC	16.60	39	2.80	26	3.11	49	17.15	28	142
18	MADDIE AR	WAVENEY VALLEY AC	17.00	35	2.90	28	3.14	46	17.39	28	137

19	DAISY ST	WEST NORFOLK AC	16.40	41	2.75	25	3.14	46	13.95	23	135
19	JESSICA MA	THETFORD AC	16.30	42	3.42	38	3.35	25	18.11	30	135
19	KAIA PE	CONAC	16.40	41	2.86	27	3.16	44	14.11	23	135
22	ZARA SH	HARLING AC	17.20	33	2.78	25	3.17	43	7.85	13	114
23	CHANTELLE RU	CONAC	16.50	40	1.86	10	3.20	40	13.58	22	112
24	NIAMH WE	WEST NORFOLK AC	17.70	28	2.85	27	3.44	16	12.00	20	91
24	SAFFRON TE	RYSTON RUNNERS	18.10	24	2.32	16	3.29	31	12.30	20	91
26	TAELA HO	WAVENEY VALLEY AC	17.70	28	2.39	17	3.53	10	12.69	21	76
27	ZOE PO	CONAC	0.00	10	0.00	10	0.00	10	22.06	36	66
28	ISABEL SH	HARLING AC	20.40	10	1.97	10	0.00	10	8.95	14	44

## Boys Individual Ranking – Years 4 & 5

Rank	Athlete name	Team name	Sprint time	Sprint points	Jump distance	Jump points	Run time	Run points	Throw distance	Throw points	Overall points
1	KIT HO	RYSTON RUNNERS	11.60	54	1.76	47	1.59	71	35.32	70	242
2	HARRY WA	RYSTON RUNNERS	12.70	43	1.57	37	2.05	65	37.81	75	220
3	CONRAD WI	CONAC	11.50	55	1.80	49	2.03	67	22.89	45	216
4	ETHAN HO	WAVENEY VALLEY AC	12.30	47	1.50	34	2.16	54	26.30	52	187
5	ALI EL	DEREHAM RUNNERS	12.30	47	1.87	52	2.27	43	19.83	39	181
6	CHASE HO	WAVENEY VALLEY AC	12.90	41	1.45	31	2.16	54	25.26	50	176
7	NATHAN LI	WAVENEY VALLEY AC	12.70	43	1.64	41	2.15	55	18.47	36	175
8	RYAN WO	WEST NORFOLK A	12.50	45	1.55	36	2.24	46	20.90	41	168
9	ARLO BR		12.80	42	1.47	32	2.30	40	25.90	51	165
9	TOBY DI	EAST HARLING AC	13.10	39	1.50	34	2.13	57	17.63	35	165
11	VAUGHAN BE	WAVENEY VALLEY AC	13.00	40	1.43	30	2.25	45	22.85	45	160
12	JENSON CO	CONAC	12.50	45	1.60	39	2.37	33	20.35	40	157
12	EWAN PE	THETFORD AC	12.90	41	1.44	31	2.27	43	21.28	42	157
14	TORIN MA	CONAC	13.50	35	1.50	34	2.13	57	15.30	30	156
14	ALFIE MA	CONAC	12.60	44	1.34	26	2.23	47	19.54	39	156

16	HARVEY GR	CONAC	13.20	38	1.40	29	2.25	45	19.13	38	150
17	GEORGE WH	THETFORD AC	13.30	37	1.56	37	2.32	38	17.46	34	146
18	SETH FR	WAVENEY VALLEY AC	13.30	37	1.50	34	2.31	39	14.40	28	138
19	GEORGE EV	RYSTON RUNNERS	15.90	11	1.36	27	2.37	33	16.20	32	103
20	OSCAR SH	HARLING AC	14.90	21	1.30	24	2.52	18	15.07	30	93

## Girls Individual Ranking – Years 4 & 5

Rank	Athlete name	Team name	Sprint time	Sprint points	Jump distance	Jump points	Run time	Run points	Throw distance	Throw points	Overall points
1	HANNAH PA	CONAC	12.10	49	1.86	52	2.11	59	18.82	37	197
2	AMY MO	CONAC	12.50	45	1.75	46	2.31	39	16.08	32	162
3	BEA HO	RYSTON RUNNERS	13.00	40	1.55	36	2.24	46	19.20	38	160
4	MARY HI	CONAC	12.20	48	1.81	49	2.37	33	14.12	28	158
5	RIANNA PL	CONAC	12.60	44	1.64	41	2.29	41	15.50	31	157
6	ISABEL SM	THETFORD AC	12.80	42	1.57	37	2.15	55	10.19	20	154
7	ABIGAIL CL	THETFORD AC	13.40	36	1.51	34	2.13	57	11.47	22	149
8	HOLLY LA	WEST NORFOLK AC	13.20	38	1.48	33	2.19	51	7.15	14	136
9	ISABELLA TA	CONAC	14.10	29	1.40	29	2.26	44	15.52	31	133
10	LILY TE	RYSTON RUNNERS	13.20	38	1.37	27	2.29	41	13.05	26	132
11	ENYA CA	BECCLES BUNGAY HARRIERS	13.40	36	1.58	38	2.36	34	10.21	20	128
12	MADELENE BA	CONAC	13.60	34	1.36	27	2.20	50	7.15	14	125
13	MOIRA DO	CONAC	14.80	22	1.44	31	2.44	26	12.29	24	103
14	LAILA SP	WAVENEY VALLEY AC	14.40	26	1.50	34	2.42	28	7.00	14	102
15	ALICIA-MAE HO	THETFORD AC	13.90	31	1.47	32	2.56	14	12.14	24	101
16	HOLLIE WI	GYDAC	13.80	32	1.50	34	5.24	10	11.30	22	98

17	SASKIA WA	BUNGAY BLACK DOG	17.70	10	1.37	27	0.00	10	7.06	14	61
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