

Athletics Norfolk Competition 15th August - UEA Sportspark

100m

Wind + 0.4

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Hannah Brown	CoNAC	SW	12.9
2	U20 Kayleigh Earl	GYDAC	U20W	13.4
3	Sara Henderson	CoNAC	SW	14.4
4	Katie Nesbitt	CoNAC	SW	21.1

100m

Wind + 1.3

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Harry Taylor	CoNAC	SM	11.0
2	Shandell Taylor	Havering AC	SM	11.3
3	Adam Herring	Blackheath & Brom	SM	11.7
4	Daniel Yellop	Ryston Runners	SM	12.0

100m

Wind + 1.5

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Cohen Copeman	Waveney AC	U13B	13.7
2	Cameron Wedon	GYDAC	U13B	15.1
3	Toby Smith	CoNAC	U13B	15.2
4	Marcus Wood	WNAC	U13B	15.9

100m

Wind + 1.0

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	James McAllen	Waveney AC	U13B	12.7
2	George Smith	GYDAC	U13B	13.5
3	Theo Carus	CoNAC	U13B	13.8
4	Charlie Broad	WNAC	U13B	15.3

100m

Wind + 2.4

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Chelsey Irving	CoNAC	U13G	14.2
2	Mia Squires	GYDAC	U13G	14.4
3	Meghan Cornwell-McGarry	Ipswich Harriers	U13G	14.7
4	Keola Silver	CoNAC	U13G	14.8

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Wind +1.8

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Aisha Elouassi	CoNAC	U13G	13.8
2	Maisie Patrick	CoNAC	U13G	14.1
3	Maizie Boylan	GYDAC	U13G	14.4
4	Eva Barton	CoNAC	U13G	15.1

100m

Wind +2.4

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Amelia Sherlock	Gateshead	U15G	12.9
2	Ruby Avis	Hadleigh Hares	U13G	14.0
3	Solomon Read	GYDAC	U15B	14.6
4	Leon Harris	CoNAC	U13B	15.3

100m

Wind +0.9

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Ethan Jones	Peterborough	U17B	11.9
2	Conrad Winter	CoNAC	U17B	11.9
3	Joel Burgess	Waveney AC	U17B	12.1
4	Liam Clare	Ryston Runners	U17B	12.7

100m

Wind +0.2

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Calvin Smith	CoNAC	U17B	11.5
2	Joe Frew	Reading AC	U17B	11.6
3	Jack Hamment-Russell	CoNAC	U17B	11.7
4	Christian Tansey	WNAC	U17B	12.0

100m

Wind +1.3

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Keira Gilman	Shaftesbury	U17G	13.2
2	Louisa Johnstone	GYDAC	U17G	13.8
3	Ellis Stewart	GYDAC	U17G	13.8

100m

Wind +2.6

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Joy Eze	Gateshead Harriers	U17G	12.4
2	Susan Foloruso	Gateshead Harriers	U17G	12.6
3	Evie Harrison	Gateshead Harriers	U17G	12.7
4	Darcey Garbutt	Gateshead Harriers	U17G	13.1

100m

Wind +1.4

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<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Evie Patrick	CoNAC	U15G	12.6
2	Lily Bradley	CoNAC	U15G	12.9
3	Isabelle Mardle	CoNAC	U15G	13.3
4	Alice Marjoram	CoNAC	U15G	14.3

100m

Wind +3.0

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Agatha Goulby	Waveney AC	U15G	14.0
2	Hollie Willeard	GYDAC	U15G	14.6
3	Caitlin Bell	CoNAC	U15G	14.7

100m

Wind +2.0

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Ryan Wood	CoNAC	U15B	13.5
2	Amelia Gooding	WNAC	U15G	13.6
3	Rutendo Chikopa	CoNAC	U15G	14.7

100m

Wind +0.1

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	William Scates	CoNAC	U15B	11.9
2	La'Sean Sealey	CoNAC	U15B	12.0
3	Noah Smith	CoNAC	U15B	12.4
4	Barney Clarke	CoNAC	U15B	12.6

100m

Wind +0.9

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Time</i>
1	Ethan Ellis	CoNAC	U15B	11.8
2	Lewis Wing	Peterborough AC	U15B	11.8

Shot – U15 & U17

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<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Distance</i>
1	Max Brookes	Diss AC	U15B	10.54
2	La'Sean Sealey	CoNAC	U15B	8.96
1	Lucy Oakley	CoNAC	U15G	11.08
2	Isabelle Mardle	CoNAC	U15G	10.32
3	Alicia Mae Howard	Thetford	U15G	7.49
1	Conrad Winter	CoNAC	U17B	11.34
1	Ellen Cunningham	CoNAC	U17G	11.22
2	Asha Soanes	Thetford	U17G	10.00

Shot – U20 & Senior

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Distance</i>
1	Alfie Williams	WNAC	U20M	11.75
2	Charlie Williams	WNAC	U20M	11.03
3	Thomas Smith	Hunts AC	U20M	10.69
1	Sophie McKinna	GYDAC	SW	17.65
2	Serena Vincent	City of Portsmouth	SW	15.94
3	Sophie Merritt	Bournemouth AC	SW	15.02
4	Rebecca Hall	Peterborough & NVH	SW	11.99
1	Scott Lincoln	City of York AC	SM	19.86

Discus – U15 & U17

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Distance</i>
1	Max Brookes	Diss AC	U15B	32.64
2	Joe Machin	CoNAC	U15B	21.21
1	Rutendo Chikopa	CoNAC	U15G	18.61
2	Isabella Williams	CoNAC	U15G	15.63
1	Michael Van Haren	Waveney AC	U17B	35.13
2	Conrad Winter	CoNAC	U17B	32.32
1	Charlotte Graham	Ipswich	U17G	31.00
2	Poppy Hewitt	CoNAC	U17G	24.94

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Discus – U20 & Senior

<i>Position</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Distance</i>
1	Oliver Graham	Shaftesbury	U20M	39.96
2	Charlie Williams	WNAC	U20M	39.44
3	Alfie Williams	WNAC	U20M	33.82
4	Thomas Smith	Hunts AC	U20M	32.42
1	Abigail Sharples	Lincoln Wellington	U20W	38.28
1	Christina Nick	City of York AC	SW	49.29
1	Jack Pishorn	WNAC	SM	20.55