

Norfolk Events 2019/20

(Athletics Norfolk, Schools, Norfolk Sportshall League)



| 2019 | | |
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| 6th January | County Cross Country | Thetford |
| 12th January | Sportshall County | Sportspark |
| 22nd January | Norfolk Schools XC | Langley |
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| 27th January | Keith Ward and County Indoor | Lynnsport |
| 2nd February | Anglian Schools XC | Northampton |
| 9th February | Regional Sportshall | Sportspark, Norwich |
| 27th February | AN meeting | Sportspark, Norwich |
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| 9th March | UKCAU XC Intercounties | Loughborough |
| 16th March | ESAA National Champs XC | Leeds |
| 27th March | Awards Evening | Wymondham RC |
| 30th March | LiRF course | Easton College, Norwich |
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| 6/7th April | Athletics Coach days 1&2 | Bedford |
| 7th April | FREE T&F Officials course | Lynnsport, King's Lynn |
| 13/14th April | National Sportshall | Sportcity, Manch |
| 13th & 20th April | Coaching Assistant course | Sportspark, Norwich |
| 27/28th April | Coach in Running Fitness days 1&2 | Bury St Eds Leisure Cnt |
| 28th April | Quadkids match 1 | Wellesley Rd Track, Gt Yarmouth |
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| 1st May | AN meeting | Sportspark, Norwich |
| 11/12th May | County Track and Field +SON +QK u11 Champs | UEA sportspark |
| 18th May | LiRF course | Bury St Eds Leisure Cnt |
| 19th May | QuadKids match 2 | Grammar Sch Fields, Thetford |
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| 8th June | County Schools Track and Field Champs | Sportspark, Norwich |
| 9th June | Quadkids match 3 | Sportspark, Norwich |
| 19th June | AN meeting + AGM | Sportspark, Norwich |
| 23rd June | Coach in Running Fitness day 3 | Bury St Eds Leisure Cnt |
| 30th June | Quadkids match 4 | Gresham's, Holt |
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| 12/13th July | ESAA National Champs T and F | Birmingham |
| 14th July | Quadkids match 5 | Lynnsport, King's Lynn |
| | CAU T and F Inter-counties Champs | |
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| 17th August | LiRF course | Bury St Eds Leisure Cnt |
| 28th August | AN meeting | Sportspark, Norwich |
| 7th September | U15/U20 Inter counties | Horspath, Oxford |
| | Hibbard U17/seniors | |
| 29th September | Combined events Norfolk and Eastern | Peterborough |
| 22nd September | Coach in Running Fitness day 4 | Bury St Eds Leisure Cnt |
| 29th September | LiRF course | Sportspark, Norwich |
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| 19th October | Sportshall match 1 | Sportspark, Norwich |
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| 2nd & 3rd November | Coaching Assistant course | Lynnsport, King's Lynn |
| 10th November | LiRF course | Bury St Eds Leisure Cnt |
| 13th November | AN meeting | Sportspark, Norwich |
| November | Sportshall match 2 | Lynnsport, King's Lynn |
| 30th November | Sportshall match 3 | Sportspark, Norwich |
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| December | Southern IC XC | |
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| 2020 | | |
| 5th January | County Cross Country | |
| 11th January | Sportshall County | Sportspark, Norwich |