

U13 Boys			
Position	FullName	ClubName	Time
1	Joe Machin (81)	City of Norwich AC	_12.33
2	Daniel Kenyon (69)	City of Norwich AC	_12.37
3	Zachary Dunne (98)	City of Norwich AC	_12.41
4	Toby Stewart (94)	North Norfolk Harriers AC	_12.46
5	Samuel Yellop (92)	City of Norwich AC	_12.52
6	Tim Bongaerts (93)	City of Norwich AC	_13.09
7	Dylan White (71)	City of Norwich AC	_13.31
8	Charlie Crane (64)	City of Norwich AC	_13.38
9	Connor Gowing (67)	City of Norwich AC	_13.41
10	Jake Dorbin (80)	Thetford AC	_13.52
11	Fred Rednall (75)	Attleborough	_14.00
12	Ethan Rattenbury (72)	City of Norwich AC	_14.04
13	Robert Troupe (91)	none	_14.07
14	Archie Manton (63)	Norwich Road Runners	_14.29
15	Daniel Clouston (68)	Thetford AC	_14.39
16	Luke Gilding (85)	Dereham Runners AC	_14.41
17	Jake Gilding (79)	Dereham Runners AC	_15.01
18	Dominic Clues (70)	Coltishall Jaguars	_15.03
19	Marley Bottrell (86)	Attleborough Athletics Academy	_15.06
20	Harvey Foreman (77)	Diss & District AC	_15.08
21	Harry Malton (76)	Ryston Runners AC	_15.19
22	Joseph Allcock (82)	Bungay Black Dogs Running Club	_15.28
23	Ewan Peck (73)	Thetford AC	_15.35
24	Lucas Bower (84)	City of Norwich AC	_15.39
25	Charlie Brown (65)	Harling AC	_15.44
26	Jacob Last (78)	Dereham Runners AC	_15.53
27	Charlie Tunmore (66)	West Norfolk AC	_16.11
28	Matthew Benson (87)	North Norfolk Harriers AC	_16.32
29	Louis Preston (83)	Dereham Runners AC	_17.13
30	Oakley Took (88)	Ryston Runners AC	_19.03

U13 Girls			
Position	FullName	ClubName	Time
1	Amelia Webber (102)	Beccles & Bungay Harriers AC	_13.37
2	Abbi Mccallum (100)	North Norfolk Harriers AC	_13.45
3	Madison Kelly (115)	City of Norwich AC	_13.52
4	Martha Manning (116)	City of Norwich AC	_13.52
5	Esme Abbott (106)	City of Norwich AC	_14.04
6	Tess Andrews (124)	Bungay Black Dog Running Club	_14.04
7	Sophie Mckee (122)	North Norfolk Harriers AC	_14.05

8	Esme Jonas (107)	North Norfolk Harriers AC	_14.05
9	Bethany Wilson (103)	Thetford AC	_14.26
10	Nellie Ong (118)	City of Norwich AC	_14.27
11	Isabella Williams (113)	City of Norwich AC	_14.33
12	Evie Hood (109)	City of Norwich AC	_14.47
13	Millie Adams (117)	City of Norwich AC	_15.02
14	Isabel Smythe (120)	Thetford AC	_15.13
15	Daisy Grantham (105)	Harling AC	_15.24
16	Evie Goldring (108)	Ryston Runners AC	_15.45
17	Caitlyn Hernon (104)	None	_16.12
18	Holly Lawrence (111)	West Norfolk AC	_16.25
19	Isabella Green (112)	Dereham Runners AC	_16.31
20	Alicia-Mae Howard (101)	Thetford AC	_17.18
21	Tallulah Houghton (123)	Norwich Road Runners	_19.59

U13 Boys

Position	TeamName	Summary	Points
1	City of Norwich AC	Joe Machin(81), Daniel Kenyon(69), Zachary Dunne(98)	6
2	City of Norwich AC	Samuel Yellop(92), Tim Bongaerts(93), Dylan White(71)	18
3	City of Norwich AC	Charlie Crane(64), Connor Gowing(67), Ethan Rattenbury(72)	29
4	Thetford AC	Jake Dorbin(80), Daniel Clouston(68), Ewan Peck(73)	48
5	Dereham Runners AC	Luke Gilding(85), Jake Gilding(79), Jacob Last(78)	59

U13 Girls

Position	TeamName	Summary	Points
1	City of Norwich AC	Madison Kelly(115), Martha Manning(116), Esme Abbott(106)	12
2	North Norfolk Harriers AC	Abbi Mccallum(100), Sophie Mckee(122), Esme Jonas(107)	17
3	City of Norwich AC	Nellie Ong(118), Isabella Williams(113), Evie Hood(109)	33
4	Thetford AC	Bethany Wilson(103), Isabel Smythe(120), Alicia-Mae Howard(101)	43