

## Athletics Norfolk QuadKids match 3 – Holt 24/06/18

YEAR 4 & 5 BOYS		75m		600m		Standing LJ		Vortex Howler		Total points	Position
Athlete	Team	Time	Points	Time	Points	Distance	Points	Distance	Points		
Daniel Co	North Norfolk Harriers AC	12.1	49	2.06	64	2.04	61	30.3	60	234	1
Theo Ca	City of Norwich AC	11.5	55	2.02	68	1.75	46	18.0	35	204	2
Alfie Bo	West Norfolk AC	12.5	45	2.17	53	1.60	39	32.3	64	201	3
Ruben Xu	North Norfolk Harriers AC	12.3	47	2.01	69	1.71	44	16.9	33	193	4
Henry As	City of Norwich AC	13.2	38	2.10	60	1.70	44	25.4	50	192	5
Bailey En	Waveney AC	12.9	41	2.28	42	1.62	40	34.1	68	191	6
Ackara Bl	Ryston Runners AC	12.6	44	2.09	61	1.50	34	24.8	49	188	7
Beau Lo	Ryston Runners AC	13.3	37	2.16	54	1.63	40	26.7	53	184	8
Alfie Fi	Thetford AC	12.6	44	2.10	60	1.58	38	20.4	40	182	9
Harvey Sh	North Norfolk Harriers AC	12.2	48	2.02	68	1.59	38	13.9	27	181	10
Theo Lo	Ryston Runners AC	13.0	40	2.19	51	1.54	36	24.7	49	176	11
Joseph Ke	North Norfolk Harriers AC	12.1	49	2.11	59	1.53	35	14.8	29	172	12
Ashley Jo	North Norfolk Harriers AC	13.0	40	2.18	52	1.43	30	22.6	45	167	13
Monty Fi	Thetford AC	12.1	49	2.18	52	1.67	42	11.2	22	165	14
Tom D'	Ely Runners	13.1	39	2.19	51	1.63	40	17.8	35	165	14
Ronnie Hu	Thetford AC	13.6	34	2.24	46	1.40	29	25.0	49	158	16
Jack Br	City of Norwich AC	13.0	40	2.30	40	1.80	49	13.1	26	155	17
William Hi	North Norfolk Harriers AC	12.7	43	2.35	35	1.52	35	14.7	29	142	18
Kieran Wa	North Norfolk Harriers AC	13.8	32	2.17	53	1.38	28	14.0	27	140	19
Izak Ha	North Norfolk Harriers AC	13.1	39	2.36	34	1.57	37	15.3	30	140	19
James Co	West Norfolk AC	13.6	34	2.29	41	1.40	29	17.7	35	139	21
Jasper Ma	City of Norwich AC	13.9	31	2.28	42	1.32	25	19.8	39	137	22
Taylor Mc	North Norfolk Harriers AC	14.6	24	2.34	36	1.36	27	14.8	29	116	23

## Athletics Norfolk QuadKids match 3 – Holt 24/06/18

<b>YEAR 4 &amp; 5 GIRLS</b>		<b>75m</b>		<b>600m</b>		<b>Standing LJ</b>		<b>Vortex Howler</b>		<b>Total points</b>	<b>Position</b>
<b>Athlete</b>	<b>Team</b>	<b>Time</b>	<b>Points</b>	<b>Time</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>		
Lilymae Co	Great Yarmouth & District AC	12.2	48	2.07	63	1.82	50	24.1	48	209	1
Ella Go	Ryston Runners AC	12.1	49	2.09	61	1.75	46	24.1	48	204	2
Edith Ke	City of Norwich AC	11.9	51	1.54	76	1.73	45	14.8	29	201	3
Eloise Ed	North Norfolk Harriers AC	12.9	41	2.10	60	1.69	43	22.4	44	188	4
Aisha El	Dereham Runners AC	11.8	52	2.15	55	1.74	46	14.9	29	182	5
Molly Ga	Beccles & Bungay Harriers AC	12.5	45	2.10	60	1.67	42	15.6	31	178	6
Eva Ba	Diss & District AC	12.2	48	2.03	67	1.50	34	13.2	26	175	7
Charlotte Gi	City of Norwich AC	12.8	42	2.21	49	1.84	51	16.3	32	174	8
Clarice Ca	Ryston Runners AC	12.1	49	2.11	59	1.62	40	09.7	19	167	9
Chloe Th	City of Norwich AC	12.0	50	2.22	48	1.59	38	15.1	30	166	10
Mia Th	City of Norwich AC	12.6	44	2.19	51	1.59	38	11.7	23	156	11
Isla Mc	Coltishall Jaguars	13.7	33	2.19	51	1.49	33	12.0	23	140	12
Olivia Al	North Norfolk Harriers AC	14.1	29	2.20	50	1.42	30	09.4	18	127	13
Lani Wo	City of Norwich AC	12.3	47			1.70	44	11.7	23	114	14
Lauren Br	City of Norwich AC	14.3	27	2.47	23	1.53	35	11.6	23	108	15
Abby Mu	North Norfolk Harriers AC	13.6	34	2.31	39	1.04	11	07.9	15	99	16

## Athletics Norfolk QuadKids match 3 – Holt 24/06/18

<b>YEAR 6 &amp; 7 BOYS</b>		<b>100m</b>		<b>800m</b>		<b>Long Jump</b>		<b>Vortex Howler</b>		<b>Total points</b>	<b>Position</b>
<b>Athlete</b>	<b>Team</b>	<b>Time</b>	<b>Points</b>	<b>Time</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>		
Ryan Wo	Ryston Runners AC	14.7	58	2.55	65	3.94	48	37.1	61	232	1
Joe Ma	City of Norwich AC	15.1	54	2.44	76	3.67	43	26.8	44	217	2
Louis Pr	Dereham Runners AC	16.0	45	2.47	73	3.32	36	32.6	54	208	3
George Co	North Norfolk Harriers AC	16.4	41	3.09	51	3.65	43	32.7	54	189	4
Elliot Gr	City of Norwich AC	15.7	48	3.07	53	3.55	41	27.4	45	187	5
Adam Be	North Norfolk Harriers AC	16.3	42	2.56	64	3.24	34	27.1	45	185	6
Riley Be	Ryston Runners AC	15.8	47	3.04	56	3.50	40	23.3	38	181	7
Greg Ta	City of Norwich AC	17.3	32	3.03	57	3.36	37	32.4	53	179	8
George Ri	North Norfolk Harriers AC	16.6	39	3.07	53	3.25	35	27.8	46	173	9
Callum Ba	North Norfolk Harriers AC	16.8	37	3.10	50	3.29	35	28.9	48	170	10
Matthew Be	North Norfolk Harriers AC	16.9	36	2.53	67	2.98	29	20.7	34	166	11
Harry Je	North Norfolk Harriers AC	16.2	43	3.13	47	3.25	35	16.4	27	152	12
William Wa	Great Yarmouth & District AC	17.3	32	3.07	53	3.11	32	20.8	34	151	13
Leo D'	Ely Runners	17.6	29	3.17	43	2.77	25	22.0	36	133	14
Thomas Sm	North Norfolk Harriers AC	18.1	24	3.16	44	2.65	23	24.2	40	131	15
Thomas O'	West Norfolk AC					3.40	38			38	16

## Athletics Norfolk QuadKids match 3 – Holt 24/06/18

<b>YEAR 6 &amp; 7 GIRLS</b>		<b>100m</b>		<b>800m</b>		<b>Long Jump</b>		<b>Vortex Howler</b>		<b>Total points</b>	<b>Position</b>
<b>Athlete</b>	<b>Team</b>	<b>Time</b>	<b>Points</b>	<b>Time</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>	<b>Distance</b>	<b>Points</b>		
Isabelle Ma	City of Norwich AC	14.5	60	3.01	59	4.22	54	25.9	43	216	1
Isabel Sm	Thetford AC	15.3	52	2.42	78	3.62	42	24.6	41	213	2
Georgia Pe	City of Norwich AC	15.8	47	2.44	76	3.40	38	23.8	39	200	3
Holly La	West Norfolk AC	15.6	49	2.48	72	3.50	40	19.7	32	193	4
Serena Ak	City of Norwich AC	14.2	63	2.55	65	3.19	33	17.8	29	190	5
Sophie Mc	North Norfolk Harriers AC	16.3	42	2.44	76	3.49	39	19.8	32	189	6
Gracie De	Great Yarmouth & District AC	15.8	47	3.02	58	3.50	40	25.3	42	187	7
Rose Fa	City of Norwich AC	15.3	52	3.06	54	3.79	45	17.4	28	179	8
Alicia Ma	Thetford AC	16.1	44	3.06	54	3.19	33	27.2	45	176	9
Isabella Wi	City of Norwich AC	16.4	41	2.57	63	3.30	36	21.7	36	176	9
Kyla Bu	Beccles & Bungay Harriers AC	16.1	44	3.07	53	3.07	31	24.8	41	169	11
Matilda Lo	Ryston Runners AC	16.2	43	3.05	55	3.24	34	19.1	31	163	12
Millie Ad	City of Norwich AC	16.1	44	2.51	69	2.88	27	12.2	20	160	13
Evie Go	Ryston Runners AC	16.5	40	2.54	66	2.85	27	15.8	26	159	14
Hetty Li	North Norfolk Harriers AC	16.7	38	3.04	56	2.89	27	17.7	29	150	15
Esme Jo	North Norfolk Harriers AC	16.6	39	2.56	64	2.69	23	12.6	21	147	16
Olivia Ow	North Norfolk Harriers AC	16.2	43	3.30	30	3.02	30	19.6	32	135	17
Ella Ma	Ryston Runners AC	17.9	26	3.11	49	3.08	31	12.7	21	127	18
Liliana Ma	City of Norwich AC	17.3	32	3.20	40	2.76	25	17.5	29	126	19
Sophie Al	North Norfolk Harriers AC	17.8	27	3.09	51	2.33	16	18.7	31	125	20
Carmen Br	None	17.1	34	3.27	33	2.51	20	17.0	28	115	21
Lily Mu	North Norfolk Harriers AC	17.3	32	3.13	47	2.04	10	12.0	19	108	22
Maddy Po	City of Norwich AC	16.8	37	3.53	10	2.46	19	25.0	41	107	23
Melodie Ke	Diss & District AC	20.3	10					16.9	28	38	24