

Athletics Norfolk QuadKids match 2 – Thetford 19/05/18

YEAR 4 & 5 BOYS		75m		600m		Standing LJ		Vortex Howler		Total points	Position
Athlete	Team	Time	Points	Time	Points	Distance	Points	Distance	Points		
Malachi Ko	Diss & District AC	11.0	60	2.06	64	1.89	53	32.1	64	241	1
Benjamin Li	Waveney AC	11.8	52	2.16	54	1.73	45	34.5	69	220	2
Daniel Co	North Norfolk Harriers AC	12.0	50	2.12	58	1.85	51	30.7	61	220	2
Lucas Ro	Thetford AC	11.6	54	2.07	63	1.75	46	27.1	54	217	3(4)
Ruben Xu	North Norfolk Harriers AC	11.7	53	2.00	70	1.83	50	19.8	39	212	5
Ackara Bl	Ryston Runners AC	11.9	51	2.07	63	1.61	39	27.6	55	208	6
George Po	Diss & District AC	11.6	54	2.12	58	1.71	44	26.4	52	208	6
Max Ba	Diss & District AC	12.3	47	2.10	60	1.67	42	29.7	59	208	6
Theo Ca	City of Norwich AC	11.4	56	2.07	63	1.79	48	20.3	40	207	9
Alfie Bo	West Norfolk AC	12.8	42	2.12	58	1.64	41	32.9	65	206	10
Giles At	Thetford AC	12.0	50	2.11	59	1.65	41	25.2	50	200	11
Harvey Sh	North Norfolk Harriers AC	12.4	46	1.59	71	1.70	44	17.2	34	195	12
Henry As	City of Norwich AC	12.9	41	2.12	58	1.65	41	23.7	47	187	13
Thomas No	Thetford AC	12.2	48	2.22	48	1.63	40	24.7	49	185	14
Tom D'	Ely Runners	12.9	41	2.12	58	1.69	43	18.9	37	179	15
Daniel Ka	City of Norwich AC	12.5	45	2.16	54	1.76	47	16.4	32	178	16
Marcus Wo	Ryston Runners AC	12.8	42	2.37	33	1.61	39	24.7	49	163	17
Ashley Jo	North Norfolk Harriers AC	13.0	40	2.19	51	1.37	27	20.0	39	157	18
Jasper Ma	City of Norwich AC	13.1	39	2.14	56	1.43	30	15.0	29	154	19
James Co	West Norfolk AC	12.9	41	2.29	41	1.57	37	16.7	33	152	20
Ronnie Hu	Thetford AC	13.2	38	2.31	39	1.32	25	22.5	45	147	21
Kieran Wa	North Norfolk Harriers AC	13.7	33	2.25	45	1.38	28	16.4	32	138	22
Taylor Mc	North Norfolk Harriers AC	14.9	21	2.40	30	1.30	24	12.8	25	100	23

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YEAR 4 & 5 GIRLS		75m		600m		Standing LJ		Vortex Howler		Total points	Position
Athlete	Team	Time	Points	Time	Points	Distance	Points	Distance	Points		
Edith Ke	City of Norwich AC	11.8	52	1.57	73	1.71	44	14.8	29	198	1
Lilymae Co	Great Yarmouth & District AC	12.5	45	2.12	58	1.76	47	18.8	37	187	2
Aisha El	Dereham Runners AC	11.9	51	2.13	57	1.84	51	13.1	26	185	3
Eloise Ed	North Norfolk Harriers AC	12.5	45	2.11	59	1.67	42	19.3	38	184	4
Ella Go	Ryston Runners AC	12.5	45	2.16	54	1.78	48	18.3	36	183	5
Eva Ba	Diss & District AC	11.9	51	2.07	63	1.49	33	16.9	33	180	6
Charlotte Gi	City of Norwich AC	12.9	41	2.34	36	1.87	52	18.5	37	166	7
Georgia Sh	City of Norwich AC	12.4	46	2.11	59	1.57	37	12.3	24	166	7
Chloe Th	City of Norwich AC	12.1	49	2.23	47	1.70	44	11.7	23	163	9
Clarice Ca	Ryston Runners AC	12.4	46	2.15	55	1.59	38	11.7	23	162	10
Charley Wh	Ryston Runners AC	12.6	44	2.23	47	1.61	39	12.8	25	155	11
Mia Th	City of Norwich AC	12.8	42	2.16	54	1.60	39	10.4	20	155	11
Eliza Ad	Dereham Runners AC	12.6	44	2.21	49	1.47	32	14.7	29	154	13
Lani Wo	City of Norwich AC	12.4	46	2.33	37	1.61	39	13.1	26	148	14
Amber Go	City of Norwich AC	13.1	39	2.20	50	1.58	38	10.3	20	147	15
Megan Sk	Dereham Runners AC	13.4	36	2.30	40	1.39	28	11.5	23	127	16
Jennifer Wo	West Norfolk AC	14.3	27	2.33	37	1.30	24	08.8	17	105	17
Caoimhe Ca	Thetford AC	15.0	20	2.37	33	1.40	29	06.4	12	94	18

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YEAR 6 & 7 BOYS		100m		800m		Long Jump		Vortex Howler		Total points	Position
Athlete	Team	Time	Points	Time	Points	Distance	Points	Distance	Points		
Barney Cl	City of Norwich AC	13.9	66	2.42	78	4.16	53	27.0	45	242	1
Ethan Ra	City of Norwich AC	14.2	63	2.33	87	3.91	48	19.5	32	230	2
Ryan Wo	Ryston Runners AC	15.0	55	3.02	58	4.10	52	38.6	64	229	3
Charlie Ga	Thetford AC	15.3	52	2.52	68	3.36	37	36.4	60	217	4
Joe Ma	City of Norwich AC	15.3	52	2.48	72	3.81	46	27.5	45	215	5
Kai Wi	Dereham Runners AC	14.8	57	2.55	65	3.66	43	28.5	47	212	6
Ewan Pe	Thetford AC	14.9	56	2.58	62	3.55	41	31.6	52	211	7
Louis Pr	Dereham Runners AC	16.0	45	2.45	75	2.89	27	33.7	56	203	8
Samuel Na	West Norfolk AC	15.6	49	3.13	47	3.63	42	35.0	58	196	9
Elliot Gr	City of Norwich AC	15.2	53	3.06	54	3.26	35	26.5	44	186	10
Matthew Be	North Norfolk Harriers AC	16.3	42	2.54	66	3.45	39	21.7	36	183	11
Billy Fr	City of Norwich AC	15.0	55	3.13	47	3.85	47	19.8	33	182	12
George Ri	North Norfolk Harriers AC	16.2	43	3.06	54	3.43	38	28.5	47	182	12
Alex Sc	City of Norwich AC	15.3	52	3.05	55	3.44	38	21.8	36	181	14
Adam Be	North Norfolk Harriers AC	16.5	40	2.59	61	3.19	33	25.4	42	176	15
Greg Ta	City of Norwich AC	16.8	37	3.06	54	3.37	37	27.6	45	173	16
Riley Be	Ryston Runners AC	16.6	39	3.06	54	3.28	35	18.9	31	159	17
Leo D'	Ely Runners	17.1	34	3.04	56	3.30	36	16.7	27	153	18
Thomas Sm	North Norfolk Harriers AC	17.9	26	3.11	49	2.54	20	29.5	49	144	19
Jacob Ca	Thetford AC	18.6	18	3.52	10	1.81	10	09.9	16	54	20

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Athlete	Team	Time	Points	Time	Points	Distance	Points	Distance	Points		
Isabel Sm	Thetford AC	14.7	58	2.47	73	3.79	45	27.1	45	221	1
Nicole Ka	City of Norwich AC	13.6	69	3.09	51	4.05	51	15.8	26	197	2
Holly La	West Norfolk AC	15.3	52	2.50	70	3.74	44	16.9	28	194	3
Caitlin Be	City of Norwich AC	15.7	48	3.03	57	3.44	38	22.8	38	181	4
Demi Ad	Ryston Runners AC	15.0	55	3.10	50	3.54	40	21.9	36	181	4
Gracie De	Great Yarmouth & District AC	15.6	49	3.07	53	3.51	40	20.5	34	176	6
Serena Ak	City of Norwich AC	13.6	69	3.07	53	3.17	33	11.5	19	174	7
Evie Go	Ryston Runners AC	16.4	41	2.51	69	2.96	29	17.0	28	167	8
Alicia Ma	Thetford AC	16.0	45	3.12	48	3.06	31	24.7	41	165	9
Isabella Wi	City of Norwich AC	16.3	42	2.59	61	3.03	30	19.1	31	164	10
Millie Ad	City of Norwich AC	16.3	42	2.50	70	2.78	25	14.2	23	160	11
Lucy Oa	Ryston Runners AC	15.2	53	3.32	28	3.63	42	21.9	36	159	12
Evie Ha	Thetford AC	15.8	47	2.60	60	2.43	18	19.2	32	157	13
Matilda Lo	Ryston Runners AC	16.2	43	3.15	45	3.57	41	17.4	28	157	13
Rebecca Si	Beccles & Bungay Harriers AC	16.3	42	3.20	40	2.90	28	18.7	31	141	15
Freya Ch	City of Norwich AC	15.6	49	3.13	47	2.32	16	13.2	21	133	16
Cadence Ca	Beccles & Bungay Harriers AC	16.6	39	3.14	46	2.26	15	17.7	29	129	17
Maddy Po	City of Norwich AC	17.3	32	3.54	10	2.46	19	19.2	31	92	18