

Athletics Norfolk Meeting – Minutes **Wednesday 18th October, 7.30pm, Sportspark.**

Present: Clive Poyner (Chairman/CONAC), Rebecca Tuff (Development coordinator/Ryston), David Pring (CONAC), Mick Johnson (Thetford), Brendon Byrne (Norfolk Schools), Wally Oliver (West Norfolk), Sally-Ann Hook (Trophy Secretary), Linda Farrow (Quad Kids), Dominic Blake (Reepham Runners), Kay Bailey (SON), Chris Harbord (GYRR)

1. Apologies:

Brenda Hutcheon (BVH), Dave Hutcheon (BVH), Claire Boylan (Harling), Richard Polley (CONAC), Mark Turner (GYDAC), Ed Borrmann (CONAC), Gareth Hunt (Ryston), Chris Merrylees (NNBR), Ian Harvey (Treasurer), Andrew Baker (GYRR)

2. Minutes of the last meeting

Amendment that the defibrillators belong to North Norfolk DC/Karl Reed, not Active Norfolk. Otherwise agreed as being a true record.

3. Finance (as of 15th Oct)

Competition fund: Total assets £12,889.12

Development fund: £4999.30

Financial loss made on Inter-counties event transport – if buses used again booking will need to be managed well to ensure loss not as big/no drop outs affect income.

4. Competitions

Norfolk Schools – Brendon raised his concerns with the Norfolk results at English Schools, with relegation to category D if standards continue at same level. Potential strategies discussed to help raise standards include talent spotting at local Schools and providing a pathway to Clubs, as well as contacting SSPs and Heads of PE. Clive suggested looking at trend data for Norfolk medals to see if there is a pattern. David highlighted the importance of balance of getting athletes through to senior competition too.

Dates: Norfolk XC tbc, Anglian XC 4th Feb, Norfolk T&F 9th Jun, 16/17th Aug.

**If present trend of results continues maximum number of athletes Norfolk could take to English Schools would be reduced from 32 to 24.*

**English Schools Champs is 13/14th July in Birmingham.*

Sportshall – 200+ athletes at first match. Potentially athletes from NRR and East Harling to join at next match. Dates remaining 4th & 18th Nov, all at Sportspark, Norwich. Last year's Under 15 girls team shortlisted for EDP Sports Team Award.

Cross Country – County Champs will be at Charles Burrell Centre, Thetford on 7th January. Courses still tbc, extra car parking needs to be considered. Online entry to go live soon, will include a Vet 70 age group this year.

Intercounties events discussed, Dominic B keen to help increase senior numbers attending by taking on the team selection process/organisation – David to confirm team entry process/dates.

Team Managers now confirmed following the meeting:

Southern Counties 9th Dec

David P – Girls and boys U13/U15/17. Mark S - U20 women. No manager for U23/senior women.

CAU 10th March Loughborough

David P – Girls and boys U13/U15/17. Mark S – U20 women/men. Chris M and Dominic B – senior men/women.

Keith Ward Indoor T&F – 28th January at Lynnsport. To include County Champs again, online entry will include an 'opt out' of County entry this year.

QuadKids – In order to fall in-line with athletics events events, the age categories will now be Years 4&5 (Under 11s) and Years 6&7 (Under 13s). Would like to have 5 matches across the season, have contacted NNH to see if they are able to host a match.

5. Courses

Athletics Assistant Coach:

11th & 12th Nov at Lynnsport - 8 spaces left. <http://bit.ly/2gUcb0G>

9th & 10th Dec at Bury Leisure Centre - 9 spaces left. <http://bit.ly/2i9VNch>

Arranged for SON 24/25/26th Jan at Sportspark - 18 spaces left. <http://bit.ly/2xu5sAJ>

Leadership in Running Fitness – 3rd Dec at Easton College – 3 spaces left. <http://bit.ly/2hTb0hs>

Endurance official – 16th December at Peterborough Embankment Arena. <http://bit.ly/2ySQNQY>

Youth Endurance workshop – 5th November at Bury Leisure Centre – 16 spaces left. Booking deadline 29th Oct. <http://bit.ly/2hgNllt>

Regional Throws workshop - 5th November at Bury Leisure Centre – 24 spaces left. Booking deadline 29th Oct <http://bit.ly/2iDpeXV>

Movement skills workshop – 25th Nov at Sprowston High School – 15 spaces left. <http://bit.ly/2zJEgie>

Young Leaders Academy 2018 – aimed at 14-18 year olds. Applications forms to go out to Clubs in late Nov. To include first aid, coach development, officials course, Leading Athletics course, participation at QuadKids/Sportshall events.

**Strength training session for runners offered and Brendon has since arranged a session with Harling AC*

6. A.O.B

Norfolk Vests – consideration of bringing the stock under Athletics Norfolk rather than Norfolk Schools, Brendon to look into stock/ordering.

UEA seeking an Endurance athletics coach – Tuesdays & Thursday 5.00-6.30pm. Contact Helen Chapman helenchapman1115@gmail.com

East Harling AC will be joining Athletics Norfolk.

Iona Lake, Tim & Pauline Ash, U15 girls XC team and U15 girls Sportshall team all shortlisted for Norfolk Sports Awards.

England Athletics Volunteers Awards – Liam Hunt (Young Volunteer) and Dudley Garner/Up the Tempo (Run Together Leader/Group) won both the East Regional and National Awards in their category.

Special Olympics Norfolk – Looking for an Athletics Club to coach adults Friday mornings at Sportspark – athletes are a range of ability.
Liam Hunt helping to start up an evening session as well – any interest in helping this run is welcomed.

7. Date of next meeting

Wednesday 13th Dec, Sportspark Norwich, 7.30pm.
Meeting closed 8.55pm.