

Athletics Norfolk QuadKids match 4: Year 4 & 5 boys – King's Lynn 22nd July 2017

Position	Name	Club	75m		600m		Standing long jump		Vortex howler		POINTS
			Time	Points	Time	Points	Distance	Points	Distance	Points	
1	Barney Cl	City of Norwich AC	11.1	59	1.50	80	1.85	51	34.4	68	258
2	Joe Ma	City of Norwich AC	11.8	52	1.57	73	1.83	50	31.0	61	236
3	Thomas Su	Waveney AC	12.1	49	1.55	75	1.70	44	31.5	63	231
4	Samuel Na	West Norfolk AC	11.9	51	2.16	54	1.75	46	31.6	63	214
4	Jude Be	Waveney AC	12.1	49	2.08	62	1.69	43	28.9	57	211
6	Thomas O'	West Norfolk AC	12.8	42	2.06	64	1.60	39	32.8	65	210
7	Alex Sc	City of Norwich AC	11.8	52	2.08	62	1.75	46	24.0	48	208
8	Charlie Tu	West Norfolk AC	12.7	43	2.12	58	1.74	46	27.6	55	202
9	Riley Be	Ryston Runners AC	11.8	52	2.09	61	1.76	47	20.7	41	201
10	Matthew Be	North Norfolk Harriers	12.6	44	2.04	66	1.62	40	23.2	46	196
11	Daniel Co	North Norfolk Harriers	12.5	45	2.16	54	1.80	49	23.9	47	195
11	Maximilian Br	Diss & District AC	12.1	49	2.15	55	1.58	38	23.8	47	189
11	George Ri	North Norfolk Harriers	12.8	42	2.08	62	1.45	31	23.7	47	182
14	George Da	West Norfolk AC	12.1	49	2.23	47	1.49	33	25.7	51	180
15	Oakley To	Ryston Runners AC	13.6	34	2.12	58	1.65	41	23.4	46	179
16	Alfie Bo	West Norfolk AC	12.8	42	2.27	43	1.60	39	25.8	51	175
17	William Wa	Great Yarmouth & District	12.7	43	2.19	51	1.75	46	17.0	33	173
18	Micah Av	City of Norwich AC	12.6	44	2.26	44	1.64	41	21.0	42	171
19	Thomas Sm	North Norfolk Harriers	13.6	34	2.16	54	1.35	26	22.3	44	158
20	Noah Ro	Thetford AC	12.6	44	2.29	41	1.51	34	17.9	35	154
21	Ethan Ba	Dereham Runners AC	13.7	33	2.26	44	1.54	36	16.9	33	146
22	Rhys Ho	City of Norwich AC	14.3	27	2.30	40	1.41	29	17.0	33	129
23	Korey Ca	Waveney AC	13.5	35	2.39	31	1.49	33	14.5	28	127
24	Louie Co	Ryston Runners AC	14.2	28	2.30	40	1.50	34	07.6	15	117
24	Wilf Go	Waveney AC	14.1	29	2.60	10	1.45	31	14.5	29	99

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Position	Name	Club	75m		600m		Standing long jump		Vortex howler		POINTS
			Time	Points	Time	Points	Distance	Points	Distance	Points	
1	Isabelle Ma	No	11.2	58	2.05	65	2.01	59	26.7	53	235
2	Agatha Go	Waveney AC	12.1	49	2.06	64	1.81	49	23.1	46	208
3	Jennifer Al	Great Yarmouth & District	11.7	53	1.54	76	1.78	48	15.6	31	208
4	Serena Ak	City of Norwich AC	10.8	62	2.06	64	1.73	45	16.9	33	204
5	Alicia-Mae Ho	Thetford AC	12.7	43	2.15	55	1.66	42	24.6	49	189
6	Caitlin Be	City of Norwich AC	11.7	53	2.10	60	1.62	40	18.1	36	189
7	Lilymae Co	Great Yarmouth & District	12.6	44	2.12	58	1.64	41	15.5	30	173
8	Freya Kn	Ryston Runners AC	12.4	46	2.27	43	1.65	41	18.4	36	166
9	Ella Ma	Ryston Runners AC	12.9	41	2.14	56	1.56	37	13.5	27	161
10	Jessica Mi	West Norfolk AC	12.6	44	2.18	52	1.57	37	13.2	26	159
10	Leah Nu	Ryston Runners AC	12.8	42	2.28	42	1.60	39	17.6	35	158
12	Edith Av	City of Norwich AC	12.4	46	2.07	63	1.40	29	09.9	19	157
13	Eloise Ed	North Norfolk Harriers	13.2	38	2.20	50	1.59	38	12.1	24	150
14	Cadence Ca	Beccles & Bungay	13.4	36	2.18	52	1.55	36	13.5	26	150
14	Lyla Co	Great Yarmouth & District	13.4	36	2.22	48	1.63	40	12.6	25	149
16	Naomi Fr	North Norfolk Harriers	12.9	41	2.28	42	1.77	47	07.6	15	145
17	Rebecca Si	Beccles & Bungay	13.0	40	2.25	45	1.46	32	12.5	25	142
18	Heidi Ro	City of Norwich AC	13.0	40	2.19	51	1.36	27	11.7	23	141
19	Ffion Go	City of Norwich AC	13.8	32	2.30	40	1.52	35	13.3	26	133
19	Betty Sc	West Norfolk AC	14.1	29	2.33	37	1.35	26	07.7	15	107
21	Freya Sm	Ryston Runners AC	13.5	35	2.57	13	1.39	28	12.6	25	101
22	Ruby Be	Waveney AC	14.2	28	2.43	27	1.29	23	11.2	22	100
23	Jennifer Wo	West Norfolk AC	14.8	22	2.34	36	1.32	25	05.9	11	94

Athletics Norfolk QuadKids match 4: Year 6, 7 & 8 boys – King's Lynn 22nd July 2017

Position	Name	Club	100m		800m		Long jump		Vortex howler		POINTS
			Time	Points	Time	Points	Distance	Points	Distance	Points	
1	Conrad Wi	City of Norwich AC	14.0	65	2.45	75	4.44	58	39.6	65	263
2	Brad Ke	North Norfolk Harriers	16.0	45	2.35	85	4.02	50	38.0	63	243
3	Riley Ke	Diss & District AC	14.0	65	2.51	69	4.12	52	33.7	56	242
4	Ryan Wo	Ryston Runners AC	15.8	47	2.55	65	3.57	41	33.3	55	208
5	Oliver Ye	City of Norwich AC	16.9	36	2.52	68	3.59	41	36.6	60	205
6	Joe Mc	Ryston Runners AC	14.0	65	2.47	73			35.7	59	197
7	Louis Pr	Dereham Runners AC	16.0	45	2.52	68	2.98	29	32.0	53	195
8	Ewan Pe	Thetford AC	15.5	50	2.58	62	3.23	34	28.1	46	192
9	Kieran Be	Ryston Runners AC	15.3	52	3.05	55	3.88	47	21.7	36	190
10	Nathan Pi	None	17.0	35	2.51	69	3.08	31	25.5	42	177
11	George Co	North Norfolk Harriers	16.9	36	3.11	49	3.37	37	31.4	52	174
12	Owen Ki	Ryston Runners AC	15.6	49	2.43	77			23.6	39	165
13	Harvey Gr	City of Norwich AC	16.6	39	3.11	49	3.15	33	25.5	42	163
14	Thomas Ma	Ryston Runners AC	16.1	44	3.13	47	3.47	39	18.5	30	160
15	Finn Kn	Ryston Runners AC	17.3	32	3.08	52	3.36	37	19.9	33	154
16	Fred Re	Harling AC	18.2	23	2.56	64	2.98	29	12.6	21	137

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Position	Name	Club	100m		800m		Long jump		Vortex howler		POINTS
			Time	Points	Time	Points	Distance	Points	Distance	Points	
1	Asha So	Thetford AC	14.4	61	2.45	75	4.66	63	39.7	66	265
2	Mia Mo	Ryston Runners AC	14.4	61	2.42	78	3.83	46	18.8	31	216
2	Poppy Tu	West Norfolk AC	15.8	47	2.43	77	3.76	45	25.4	42	211
4	Elizabeth Wo	West Norfolk AC	14.7	58	2.48	72	3.87	47	20.3	33	210
5	Beth Gr	City of Norwich AC	15.8	47	2.58	62	3.95	49	31.1	51	209
6	Poppy Wa	City of Norwich AC	15.1	54	3.06	54	3.53	40	30.0	50	198
7	Georgia Pe	North Norfolk Harriers	15.8	47	2.46	74	3.52	40	22.2	36	197
8	Ruby Sc	West Norfolk AC	14.5	60	2.55	65	3.83	46	15.6	25	196
9	Bethany Ba	Dereham Runners AC	14.7	58	3.09	51	3.55	41	25.1	41	191
9	Fleur Be	Diss & District AC	14.3	62	3.01	59	3.55	41	14.5	24	186
11	Eva El	Great Yarmouth & District	16.0	45	3.06	54	3.21	34	23.9	39	172
12	Hollie Wi	Great Yarmouth & District	16.0	45	3.32	28	3.63	42	33.6	56	171
13	Kaitlin Si	Beccles & Bungay	17.0	35	3.05	55	3.23	34	16.9	28	152
14	Lucy Oa	Ryston Runners AC	15.8	47	3.23	37	3.20	34	19.8	33	151
15	Megan Go	City of Norwich AC	15.8	47	3.34	26	3.31	36	17.0	28	137
16	Lily Te	Ryston Runners AC	16.7	38	3.42	18	3.12	32	13.5	22	110